

NEW NYC PBA DENTAL PLAN EFF. JULY 1, 2022

The PBA's partnership with Cigna Dental as our new dental benefits provider is now in effect. For information about coverage and benefits, or to find a dental provider, visit:

mycigna.com

For information about the previous dental benefits for services received prior to July 1, 2022, view [Legacy Dental Plan Information](#) for [Active](#) or [Retired](#) members.

Connect with your dental care

How to activate your myCigna account:

1. Go to mycigna.com or download the myCigna app in iPhone App Store or Google Play on Android
2. Click Register
3. Provide name, date of birth and zip code, and hit Next
4. Choose your subscriber status (both members and dependents can create their own myCigna accounts)
5. Enter your social security number
6. Answer some simple security questions
7. Create a username and a password

With myCigna, you can:

- View ID cards
- Find and compare in-network dentists based on cost, patient ratings, convenience and professional history
- Read real patient reviews and view how many PBA members have seen which dentists
- Schedule appointments with dentists who offer online scheduling
- Access virtual dental consultations 24/7/365 for dental advice or urgent needs
- Estimate costs
- Manage claims

Go cardless

Your new Cigna dental plan does not mean another plastic card in your wallet. Simply give your provider your name and date of birth or your Cigna ID number, which can be found in myCigna. You can also print an ID card from myCigna whenever you need one.

Answers at your fingertips...

Further information to help you use your Cigna dental benefits is available by phone and online. The PBA Health & Welfare Fund staff is available to help with outstanding claims covered under the previous dental plan.

HELP DIRECTORY

For services on/after July 1, 2022 — Contact Cigna:

- By phone: **877-505-4158**
- Online: **mycigna.com** or the **myCigna app**

Available 24/7/365

For services prior to July 1, 2022 — Contact the **PBA Health & Welfare Funds:**

- By phone: **212-349-7560**
- Online: **nycpba.org/benefits**

Available Monday thru Friday, 8am-5pm